

MIC Report
8/23/2020

- In early July I contacted the pharmaceutical sections of both Carr's (Safeway) and Fred Meyer (Kroger) requesting information on when the high dose flu vaccine would be available in Alaska. I am pleased to say that Fred Meyer (Kroger) has let me know that it is now available in the State. Carr's (Safeway) has said the high dose will be available by the first of September. CDC is recommending that early to mid September is the best time to get vaccinated to take a person through the whole flu season. This year is more important than ever to get this vaccination because of Covid-19. GET VACCINATED!!!!
- I contacted our legislative delegation concerning the slow down of the postal service deliveries after I heard from a number of members that their medications were coming to them late and in some cases they had run out. I am pleased to say that both of our Senators are co-sponsors to a bill to support the postal service. The House had already sent up a bill for additional funding, so hopefully something will happen.
- Covid-19 continues to be the problem for everyone. There are steps being made toward a vaccine as well as treatments to help mitigate the symptoms of this disease.
- Remember to wash your hand frequently with warm water and soap until you get to the end of "*Happy Birthday to You*".
- Wear a mask when you go out.
- Stay 6 feet away from others when out in public. Sometimes that's very difficult, especially in stores, so stay as far apart as possible and try to pick a time when there will be fewer people shopping.

Margaret Duggan
Chair, Medical Information Committee